

Safe at Home Research Study Toolkit – Dementia & Caregiving



Table of Contents:

Key messages about Safe at Home.....2

Sample blurb..... **Error! Bookmark not defined.**

Sample social media content.....4

Social shareables5

Key messages about Safe at Home research study

- **Safe at Home is a University of Colorado online, national, research study for dementia caregivers to test a new online resource.**
 - The online educational resource can help family members or friends of persons with dementia maximize safety in the home. The team at the University of Colorado worked with stakeholders to develop Safe at Home, and we are now studying its effectiveness.
 - The Safe at Home resource was developed through a series of interactive, participant-driven interviews with stakeholders from a number of different fields, including psychiatry, gerontology, public health, and more. Caregivers of those with dementia, assisted living organizers, caregiver organization members, firearm owners, and numerous other groups were also heavily involved in the creation and refinement.
 - While this resource was created for use primarily by family members or friends (unpaid caregivers), we hope that this resource can assist in clarifying some of the many concerns, issues, or fears that caregivers might have. Having knowledge, connections, and support can guide caregivers towards a safer, healthier home in the future.
- **Why participate in the Safe at Home study?**
 - Get access to valuable resources for informal dementia caregivers
 - Help research that supports dementia caregivers
 - Receive up to \$180
- **What is involved in the study?**
 - Friends or family members of someone with dementia will complete **4** online questionnaires over six months, and receive up to \$180
 - Participants will be randomized to view one of two online resources
 - The entire study can be done from home
- **Adults may be eligible to participate if they meet the following requirements:**
 - Adult family or friends (unpaid caregivers) of people with dementia or ADRD (Alzheimer's Disease and Related Dementias)
 - Participant and person with ADRD must live in the United States
 - Person with ADRD must have access to one or more firearms and not live in a care facility
 - Participant must be fluent in English or Spanish

Sample blurb

The population of community-dwelling people with dementia is growing in the United States. About 5.8 million Americans – roughly 10% of all adults aged 65 years or older – are living with Alzheimer’s disease and related dementias.

Caring for someone with dementia can be hard. There are physical, emotional, financial, and life-style changes to face. Making a plan about what to do about firearms in the home can be difficult. An estimated 33-60% of people with Alzheimer’s disease and related dementias have a firearm in the home, and 38% of their caregivers identify firearms as an issue to address.

In collaboration with caregivers, dementia and firearm organizations, and other experts, a team at the University of Colorado is studying the effectiveness of an online educational resource. This free online educational resource can help caregivers (family members or friends) of persons living with dementia clarify values and make decisions about firearms access, driving, or take steps to improve safety at home, and then commit to implementing their preferred option.

Join the Safe at Home research study to get access to valuable resources for friends or family members of someone with dementia, help research that supports dementia caregivers, and receive up to \$180. [ORGANIZATION NAME] encourages you to check out this research study. To learn more, and to see if you are eligible, visit: www.dementiasafety.org/safe-at-home-dandc-english/

Sample social media content

[ORGANIZATION NAME] wants your loved one with #dementia to be @SafeatHome. Join a University of Colorado national online research study for dementia caregivers and receive compensation up to \$180. To learn more, and to see if you are eligible, visit:

www.dementiasafety.org/safe-at-home-dandc-english/

Caregiving for someone with dementia can be hard. Join an online research study for family members or friends of someone with dementia, and receive up to \$180. To learn more, and to see if you are eligible, visit: www.dementiasafety.org/safe-at-home-dandc-english/

Roughly 10% of all adults aged 65+ are living with dementia. @SafeatHome research study is testing an educational resource to help #caregivers of persons with #dementia maximize #firearmsafety in the home. To learn more, and to see if you are eligible, visit:

www.dementiasafety.org/safe-at-home-dandc-english/

The number of people living with dementia is expected to nearly double in the next 10-30 years. The @SafeatHome study encourages family or friends of someone with dementia to refine a plan for #firearmsafety. To learn more, and to see if you are eligible, visit:

www.dementiasafety.org/safe-at-home-dandc-english/

Social shareables

Note: You can download these graphics by right clicking on the image and selecting download/save.



SAFE AT HOME STUDY

Are you a friend or family member of someone with dementia who has access to firearms?

We want to hear from you!



JOIN OUR RESEARCH STUDY

Receive compensation up to \$180

www.dementiasafety.org/safe-at-home-dandc-english/

303-724-4077



IS YOUR LOVED ONE WITH DEMENTIA SAFE AT HOME?

Are you a family member or friend of someone with dementia?

We want to hear from you!



JOIN OUR RESEARCH STUDY

Receive compensation up to \$180

www.dementiasafety.org/safe-at-home-dandc-english/

303-724-4077



SAFE AT HOME STUDY

Are you a family member or friend of someone with dementia?

We want to hear from you!
Join our research study!

Receive compensation up to \$180

www.dementiasafety.org/safe-at-home-dandc-english/

303-724-4077



DEMENTIA CAREGIVERS WANTED!

Receive compensation up to \$180

Help develop resources to reduce in-home firearms risk for someone with dementia

Join our research study!

www.dementiasafety.org/safe-at-home-dandc-english/

303-724-4077



DEMENTIA CAREGIVERS WANTED!



Receive compensation up to \$180

Join a University of Colorado national online research study for dementia caregivers

Join our research study!

www.dementiasafety.org/safe-at-home-dandc-english/

303-724-4077



Department of Emergency Medicine
SCHOOL OF MEDICINE
UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS



SAFEatHOME

Caring for someone with dementia can be hard.

Join an online research study for friends or family of someone with dementia, and receive up to \$180.

Learn more at: www.dementiasafety.org/safe-at-home-dandc-english/

